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Ajaipal S. Gill, M.D., F.C.C.P. - Wednesday, September 17, 2008—Ruthy's in Yuba City

**OBSTRUCTIVE SLEEP APNEA SYNDROME (OSAS)
 Importance of its recognition and management in
 Dental Medicine**

COURSE SYNOPSIS

Obstructive sleep apnea syndrome, or OSAS, is a common, but underdiagnosed, disorder that potentially is fatal. It is characterized by repetitive episodes of complete or partial upper airway obstruction leading to absent or diminished airflow into the lungs. These episodes usually last 10 to 30 seconds and result in loud snoring, a decrease in oxygen saturation, and chronic daytime sleepiness and fatigue. The obstruction is caused by the soft palate, base of the tongue or both collapsing against the pharyngeal walls because of decreased muscle tone during sleep. Potentially fatal systemic illnesses frequently associated with this disorder include hypertension, pulmonary hypertension, heart failure, nocturnal cardiac dysrhythmias, myocardial infarction and ischemic stroke.

Dentists cognizant of these signs and symptoms have an opportunity to diagnose patients with occult OSAS. After confirmation of the diagnosis by a physician, dentists can participate in management of the disorder by mandibular advancement appliances.

◇ Upon completion of this lecture participants will be able to describe various types of sleep apneas, understand the pathophysiology, demographics and sequence of OSAS, and identify and describe various treatment options available including oral appliance.

Ajaipal S. Gill, M.D., F.C.C.P.

Dr. Gill is a Diplomate American Board of Internal Medicine, Pulmonary Medicine and Sleep Medicine. Dr. Gill practices in Marysville, CA and has lectured throughout the Northern California region.

*DINNER Buffet style
 Prime Rib, Chicken Marsala, tomato-cheese bread, potatoes, stir-fried vegetables, salad, bread, non-alcoholic beverage included.*

Upon completion of this course, three (3) continuing education units will be conferred in Category One (1).

REGISTRATION, SCHEDULE and INFORMATION

DATE: Wednesday, September 17, 2008 **LOCATION:** Ruthy's—229 Clark Avenue, Yuba City

Registration 5:30—Dinner Service at 6:00p.m.—Program Begins at 6:30 p.m.

DINNER Buffet style -Prime Rib, Chicken Marsala, tomato-cheese bread, potatoes, stir-fried vegetables, salad, bread, non-alcoholic beverage included.

Send your registration and check to: 1469 Butte House Road, Suite E, Yuba City, CA 95993

Registration form

ADA Dentist	\$ 75.00 x _____	Total _____
Auxiliary of ADA Dentist	\$ 65.00 x _____	Total _____
Non ADA Dentist	\$150.00 x _____	Total _____
Auxiliary of non-ADA Dentist	\$125.00 x _____	Total _____
Total Enclosed		\$ _____

Doctor _____ will attend
 and _____

 will also attend.
 Our address and telephone number is:

